# **Mental Health Committee**

## Terms of Reference

Last amended: January 30, 2023

Motion#: 22-23-100-C

As per Association Bylaws, the Mental Health Committee is a standing committee of Council.

### **Mandate and Focus**

- 1. The Mental Health Committee shall focus on advocating for mental health resources and supports on campus.
- 2. The Mental Health Committee shall inform their work through student interactions and feedback.

#### **Definitions**

1. The Committee means the Mental Health Committee

#### Membership

- 1. The Committee membership shall consist of:
  - Vice President External who shall be the Chairperson;
  - At least two (2) voting members of Council other than Executive Council members;
  - Other Members of the Association;
  - A staff member in a non-voting capacity to serve as a resource if deemed necessary; and
  - Any other individual(s) deemed necessary by the Chairperson.
- 2. In the event that a member resigns, every attempt shall be made to fill the vacancy in an efficient manner.
- 3. All Committee members shall abide by all Association and Institution policies.

#### **Roles and Responsibilities**

- 1. The Committee shall continue the ongoing conversation about mental health on campus.
- 2. The Committee shall support and promote mental health initiatives and events on campus.
- 3. The Committee shall collect and distribute information from the Membership to ensure the Association is prepared and responsive to changes in the mental heath landscape on campus by:
  - Creating opportunities for the Membership to provide information and feedback about mental health needs on Campus.
  - Proposing survey questions to be sent to the membership
  - Other methods as determined by the Committee, Council, or the Executive team.
- 4. It is the responsibility of the Chair to present ongoing reports and submit an end-of-term report to Council.

# Meetings

- 1. The Committee shall meet at least once per month between October 1 and April 30. The Committee may meet between May 1 and September 30 as deemed necessary.
- 2. Additional meetings shall be called at the discretion of the Chairperson.

3. Meeting proceedings shall be properly documented and archived in the form of minutes and attendance by a designate. It is the responsibility of the Chairperson to submit said documents to the Executive Director or designate.

## **Amendments**

- 1. Any changes or amendments to the Mental Health Committee Terms of Reference shall be submitted to BARC for review and forwarded to Council for final approval.
- 2. Notification of Terms of Reference changes must be submitted to Council in writing at least 14 days prior to presentation.